

Take Your KONG and Stuff it!

Try these KONG recipes. You'll surely find one your dog goes bananas for!

Banana Rama

1 fresh banana • 2 tbs wheat germ • 1 tbs plain yogurt

In a bowl, mash up banana. Then, add wheat germ and yogurt. Mash all ingredients together and use spoon to add to Kong. Freeze for 4 hours. Makes 1 serving for Medium KONG. Double for every KONG size that is bigger.

Mac 'N Cheese

Leftover mac & cheese • Small cube of Velveeta

Melt Velveeta in microwave until gooey. Add mac 'n cheese to KONG toy. Pour heated Velveeta into KONG. Make sure it has cooled before giving to your dog. So good you'll want it for yourself!

Frozen Jerky Pops

Peanut Butter • Jerky strips • Bouillon • Water

Smear a small amount of peanut butter over the small hole in your KONG. Fill with cool water and add a pinch of bouillon. Place jerky strip inside the KONG and freeze!

Philly Steak

Steak scraps • 1 ounce cream cheese

Place scraps of steak inside KONG toy. Spread cream cheese in large hole to hold scraps. Your dog will think he's at Geno's in Philadelphia

Simple, Tried, & True

Peanut butter • Cream cheese • Plain Greek yogurt

Smear one of these inside the cavity of your KONG toy. Freeze for longer lasting fun. It's that easy!

Tony La Russa's Animal Rescue Foundation

Walnut Creek, CA • (925) 256-1273 • (800) 567-1273 • https://arflife.org/pet-care-and-behavior-library





Tantalizer

Place a little morsel of freeze-dried liver, hot dog, cheese, peanut butter, or other high-value snack into the little hole at the top of the Kong. Dessert

Main Course

The next two-thirds with dry or canned dog food. Bookending it with some food roll and/or peanut butter can help sweeten the pot even more for your dog.

Appetizer

Finally, leave a tasty tidbit sticking out of the opening. The easy start will provide immediate payoff and entice your dog to "get serious" about starting off the job.

Fill approximately one-third of the Kong cavity with doggie treats such as biscuits or marrow bites.

Important! Use KONGs Safely!

Your dog's safety is your responsibility. Always supervise your dog's use of KONGs until you are confident they can be used safely without you. If your dog has special diet restrictions, adjust recipes accordingly. Also, make sure your peanut butter is dog safe!

Tony La Russa's Animal Rescue Foundation

Walnut Creek, CA • (925) 256-1273 • (800) 567-1273 • https://arflife.org/pet-care-and-behavior-library